LUNCH

WEDNESDAY, MAY 14, 2025

HERBED ROASTED CHICKEN THIGH

CALORIES SODIUM PROTEIN FAT CARBS CHOLESTEROL FIBER 135 250mg 22g 5g 0g 105mg 0g

sesame

SZECHWAN BEEF W/ RICE





CALORIES SODIUM PROTEIN FAT CARBS CHOLESTEROL FIBER 361 795mg 22g 17g 30g 65mg 1g

CREAMY VEGETABLE POT PIE





CALORIES SODIUM PROTEIN FAT CARBS CHOLESTEROL FIBER 320 370mg 6g 18g 33g 0mg 3g









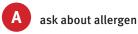












DINNER

WEDNESDAY, MAY 14, 2025

CHILI

CALORIES SODIUM PROTEIN FAT CARBS CHOLESTEROL FIBER 146 560mg 14g 6g 9g 32mg 1g

CHICKEN & RICE CASSEROLE





CALORIES SODIUM PROTEIN FAT CARBS CHOLESTEROL FIBER 270 740mg 18g 11g 25g 80mg 2g

3-BEAN CHILI



CALORIES SODIUM PROTEIN FAT CARBS CHOLESTEROL FIBER 115 625mg 6g 0g 23g 0mg 5g



















